Number and Frequency

We will adapt the number and frequency of riding/therapeutic sessions to your individual needs. Before starting therapy sessions, we will get to know each other during an initial meeting where we will also mutually explore and define the objectives of the sessions.

Together we will plan the number and frequency of sessions and agree on a timeschedule.

Sessions can also be coordinated with other therapeutical (rehabilitation) measures if required and upon request.

The duration of one session is about 1.5 - 2 hours.

The Cost

One single session costs 60,00 EURO.

The activities are exempted from value added tax (VAT) according to §4 No. 25 UstG.

Do you have questions?

You are welcome to contact us at Tel.: 08373-3829355 Mobile: 0162-3431314 e-mail: jt@thiemannconsulting.de

We look forward to meeting you!

Dr. Judith Abdel-Massih-Thiemann with Quacont und Ton Quichotte





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Dr. Judith Abdel-Massih-Thiemann

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Equestrian supported therapy in Weitenau in Southern Bavaria (Oberallgäu)

In challenging times, where many people are stressed and overworked, they are yearning for balance, relaxation or "finding themselves again". As a qualified pedagogue and certified riding (therapeutic) pedagogue, I offer you the opportunity to get in touch with horses. We work around, with, and on horses to addressing all aspects of you as a human being, awakening your emotions and providing space for closeness, security, respite, and for regeneration and self-development.



Horses support and encourage us



Horses interact with us without any intention and expectation. They offer security and safety; they act as a model or mirror of our own personality and attitude.

Horses let us experience the feeling of control and self-efficacy and support us in our personal development.